

# Working Moms Lunch & Learn

*Presented by*

Pentagon Nursing Mothers Program

DiLorenzo Clinic ~ Fit To Win

**Friday, 14 Nov**

**1100 – noon**

DTCH ~ Upton Conference Room

## Baby Sign Language

Bring your own lunch and join other moms for  
an hour of learning just for you!

Our class this month will be taught by:

Ms. Pam Hirsch, LCSW  
New Parent Support Program  
JBMHH – ACS, FAP

**Please RSVP: 703.692.8898**

POC: Karen Holmes, RN  
Fit To Win, Nurse Educator  
703.692.8887  
Karen.B.Holmes.civ@mail.mil