

**DILORENZO TRICARE HEALTH CLINIC
LABORATORY SERVICES**

INSTRUCTIONS FOR SEMEN ANALYSIS

In order to insure proper handling of all seminal fluid specimens, it is necessary that the patient come to the lab for an instruction sheet prior to submitting the specimen.

Specimens include post vasectomy specimens only.

SEMINAL FLUID COLLECTION INSTRUCTIONS:

1. The specimen should be collected in the early morning. For convenience, the specimen may be collected at home, provided it can be delivered to the laboratory within 60 minutes after collection. When this is not possible, you may collect the specimen in the laboratory. The time of collection must be noted on the request slip.
2. Lab slips must be filled out completely and all specimens must be labeled with the patient's name, identification number, requesting physician, and date and time of collection.
3. Sterile specimen containers may be obtained from the Surgery Clinic or the Laboratory. Under no circumstances should a condom be used.
4. If any portion of the discharge is lost, the entire sample is to be discarded and the collection made at a later date.
5. Patient will abstain from any sexual activity for 48 hours prior to collecting the specimen.
6. The patient should follow any additional instructions given by the physician.
7. Any questions regarding these instructions should be directed to the laboratory at 703-692-8983 (Pentagon).