



DEPARTMENT OF DEFENSE
 DiLorenzo TRICARE Health Clinic
 5801 Army Pentagon
 Washington, DC 20310-5801

MCHLP-FTW

Fit To Win/Wellness
 Corridor 8, Room MG886A.4
 DiLorenzo TRICARE Health clinic
 Phone: 703-692-8898 Fax: 703-692-6201
 Email: FTWNursingMothers.mil@health.mil

Welcome to the Pentagon/Mark Center Nursing Mothers' Program. Fit To Win/Wellness and Washington Headquarters Services at the Pentagon are pleased to provide this service for you. In order to have a successful program, we must ask the cooperation and assistance of all mothers using the room. After signing this agreement please return to Fit To Win by email, fax or in person.

By signing this agreement you agree to:

1. Provide your own personal pumping accessory kit.
2. Provide your own storage bottles/labels and storage bag.
3. **Sign in each time, each day, you use the room.** (For example, if you use the room 3x/day, you will sign-in 3x/day.)
4. Assist with maintaining cleanliness of the room.
5. Not allow friends or coworkers to accompany you inside the room without receiving prior permission.
6. Adhere to all program conditions as stated in the Nursing Mothers' packet.

The Nursing Mothers' Program is a service which can be revoked at any time if the room or equipment is abused, neglected or if program rules are not observed. Thank you for your cooperation.

***Please note the room you intend to use:**

Pentagon: 2A5WA ___ 5A5WA ___ 2B9WA ___ 3B9WA ___ 3A7WA ___ 4A7WA ___
 4A1WA (No pumps available, bring your own.)

Mark Center: 01N24-03 ___ 01E27 ___

***How did you hear about the Nursing Mothers' Program?** _____

I have read the program description and responsibilities. I agree to comply with the stated terms of the program.

 Nursing Mother's Signature

 Printed Name

 Duty Email address

 Duty Phone Number

 Date

Active duty ___ Civilian ___

Visit the Pentagon/Mark Center Nursing Mothers' Program website at
<http://www.dthc.capmed.mil/Care/SitePages/Nursing%20Mothers.aspx>