

Working Moms: Lunch & Learn

Healthy

Family Nutrition

Attendees will receive information on developing healthy meal plans for the whole family.

Friday, 13 Feb 2015

1100 – noon

Upton Conference Room

DiLorenzo Tricare Health Clinic

Call: 703.692.8898 to register

** walk-ins welcome**

** BYO lunch **

Presented by

DiLorenzo Tricare Health Clinic – Fit To Win

Pentagon Nursing Mothers Program